

Sauna Wood Selection & Purchase Checklist

Worksheet for comparing benches, walls, ceilings and outdoor wood before buying.

1 | Define each surface

- ☐ List all surfaces that contact skin: benches, backrests and handrails.
- ☐ List hot-room wall and ceiling paneling separately.
- ☐ Separate interior wood from weather-exposed outdoor siding.
- ☐ Check the heater and cabin manuals for material limits and clearances.

2 | Compare products, not just species

- ☐ Request sauna-rated profiles, wood grade and finish instructions.
- ☐ Inspect wood samples for knots, roughness, aroma and color variation.
- ☐ Confirm bench framing, spans and concealed-fixing instructions.
- ☐ Ask for maintenance and cleaning instructions for the exact wood product.

3 | Verify before buying

- ☐ Record surface measurements, openings, board coverage and cutting plan.
- ☐ Request separate pricing for benches, wall panels, ceilings, trim and fixings.
- ☐ Check waste allowance against the actual board lengths and layout.
- ☐ Record delivery dates, warranty and who confirms product compatibility.

Project notes & measurements

Item	Write the supplier/model/measurement here
Bench and backrest wood	_____
Wall and ceiling wood	_____
Exterior siding if applicable	_____
Net area and usable board size	_____
Supplier / quote / date	_____

Planning checklist only. It does not establish sauna heater clearances, structural bench capacity or building-code approval.

Manufacturer references (check current product manuals):

<https://www.harvia.com/en-US/ideas-and-trends/inspiration/how-to-design-a-sauna/>

<https://support.harvia.com/hc/lt/articles/22158333579676-Maintaining-your-sauna>