

Sauna Flooring & Moisture-Planning Checklist

A build-stage checklist for subfloors, drains, waterproofing and finishing materials.

1 | Check the existing base

- ☐ Record whether the sauna is on concrete, a wood subfloor or a manufacturer base.
- ☐ Check floor level, cracks, dampness and signs of prior water damage.
- ☐ Read the exact sauna or prefabricated cabin floor instructions.

2 | Specify moisture handling

- ☐ Describe expected water use: occasional splashes, wet cleaning or wash-down.
- ☐ Ask which local waterproofing and drain requirements apply.
- ☐ Resolve floor-to-wall junctions, threshold and any drain connection.
- ☐ Plan exterior groundwater and runoff separately from interior water.

3 | Choose and inspect the finish

- ☐ Check tile, concrete or other products for sauna suitability and barefoot grip.
- ☐ Confirm any wooden duckboards can be lifted for cleaning and drying.
- ☐ Verify the door clearance and threshold after the finished floor is installed.
- ☐ Request materials, installation and maintenance details at handover.

Project notes & measurements

Item	Write the supplier/model/measurement here
Sauna model and location	_____
Subfloor and finished level	_____
Flooring and waterproofing system	_____
Drain and permit decision	_____
Pack coverage and installer quote	_____

Project-specific drain, waterproofing and local-code decisions belong with the qualified contractor and manufacturer.

Manufacturer references (check current product manuals):

<https://www.saunafin.com/faqs/kits>

<https://www.saunafin.com/faqs>