

BASEMENT SAUNA

Moisture, ventilation and installation feasibility check

Hot Tub Patio | Printable planning worksheet | Companion to draft post #27862

Use GO only after the actual condition has been verified. FIX FIRST means obtain repairs, a design or approval. STOP means do not begin sauna work while a safety issue remains.

1 | Basement feasibility screen

Check	Evidence or question to resolve	GO / FIX / STOP
Foundation / slab	No unresolved leaks, musty odor, staining or mold; water sources assessed	_____
Radon	Current radon testing and any mitigation plan reviewed for the lower level	_____
Ventilation	Sauna supply and exhaust and surrounding basement air movement reviewed	_____
Walls	Sauna vapor control compatible with existing basement wall drying strategy	_____
Fit and access	Finished room height, stairs, door path, benches and heater clearance verified	_____
Power	Exact model, electrical requirements and permits reviewed by an electrician	_____
Nearby equipment	HVAC, combustion air, panels, sump, valves and exits remain accessible	_____
Floor / drainage	Suitable finished slab and cleaning/drainage plan for intended use	_____

2 | Record your project

Location / sauna model	Details
Basement room and intended corner	_____
Cabin / heater model and manual	_____
Who will review ventilation / moisture	_____
Electrician / building department	_____
Next action and due date	_____

STOP examples: recurring water entry, unreviewed combustion-air conflict, blocked exits, or unsafe electrical conditions. This form is not a building inspection or proof that the space is suitable.

BASEMENT MOISTURE LOG

Before and after installation: spot emerging moisture symptoms

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Track conditions before purchase and after normal use. Readings are observations, not a substitute for identifying leaks or assessing a basement wall assembly.

3 | Inspect on different days

Date / context	Humidity (if measured)	Water stains / odor / condensation	Action / who to call
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

4 | Questions to resolve with contractors

Question	Notes / answer
Where will humid air go after each session?	_____
How is the basement wall allowed to dry?	_____
What will be inspected before enclosing surfaces?	_____
Are radon and any combustion equipment concerns addressed?	_____