

Measure the room before ordering

Write finished interior and outside-space dimensions separately. Use inches throughout.

1. Project context

Sauna location (indoor/outdoor):

Sauna model / supplier:

Expected simultaneous users:

Preferred posture (sit / recline):

2. Finished heated-room measurements

Inside width (in):

Inside depth (in):

Finished inside height (in):

Upper-bench clear length (in):

Upper-bench depth (in):

Upper bench to finished ceiling (in):

Lower foot-bench depth (in):

Obstructions / deducted bench length (in):

3. Exterior installation and access measurements

Exterior cabin width (in):

Exterior cabin depth (in):

Overall installed height (in):

Available placement width (in):

Available placement depth (in):

Required side / service clearance (in):

Narrowest door or gate opening (in):

Delivery turning point / stair limits (in):

Planning reminders

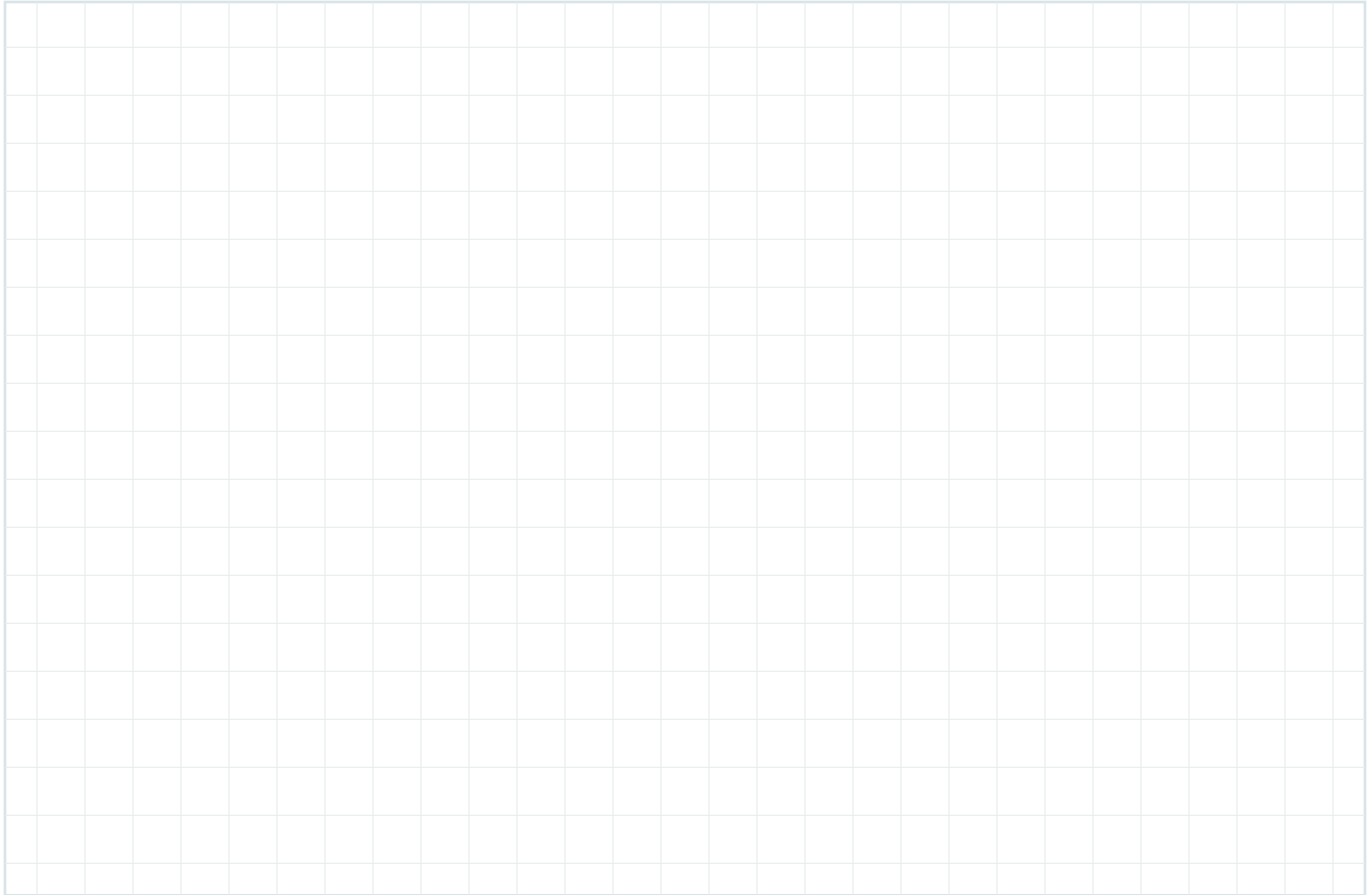
Interior volume = width x depth x height (inches cubed); divide by 1,728 for ft³.

List heater and door clearances separately. Do not infer them from room size.

Map usable bench space

Sketch the door, heater/guard and usable upper benches at the same scale.

4. Overhead sketch: mark actual clear areas



Draw wall boundaries; place and label: door swing, heater + guard, benches, steps and vents.

5. Bench check: measurements are more useful than occupancy labels

- ☐ Usable uninterrupted upper-bench length confirmed
- ☐ Door/entry movement stays clear of the seated area
- ☐ Heater and guard safety distances checked against exact manual
- ☐ Upper-bench height and foot support checked against finished ceiling
- ☐ A person can enter, turn, sit and step down without obstruction

Planning reference: Finnleo suggests about 24 in bench length per seated person.

Confirm details with your installer

Keep this record with your product drawing, equipment manual and quote.

6. Basic planning calculations (not safety clearance approvals)

Uninterrupted upper-bench run, in:

Less unusable/blocked length, in:

Usable upper-bench run, in:

Divide usable length by seat allowance, in/person:

Planning seated places (round down):

Typical initial seat allowance: 24 in/person (Finnleo); verify comfort and configuration.

7. Checks to complete before paying a deposit

- ☐ Get dimensioned manufacturer drawing showing interior AND exterior measurements
- ☐ Get exact heater model, clearance sheet, sensor and ventilation guidance
- ☐ Ask who is responsible for site fit, access, installation and permit verification
- ☐ Confirm finished upper-bench depth and upper-bench-to-ceiling dimension
- ☐ Ask for included vs excluded delivery, assembly and site work
- ☐ Keep any unresolved measurements marked NOT CONFIRMED, not zero

8. Source references & limitations

Finnleo: sample 4x6, 5x7, 6x6, 6x8 ft indoor rooms and ~24 in/person bench planning.

<https://www.finnleo.com/custom-saunas>

Harvia: upper bench generally >=500 mm deep; 1100-1200 mm bench-to-ceiling.

<https://www.harvia.com/en/ideas-and-trends/products/choosing-sauna-benches/>

These are early design references. Actual heater, sauna and local approvals govern.